## Stand Up! A Call to Courage from 2 Timothy Stand Up and Don't Be Ashamed, Part 1 2 Timothy 1:1-7

## Introduction: (vv.1-2)

I.

- Paul's final letter, written from a Roman prison shortly before his death around AD 66.
- Timothy was young and discouraged, facing fear and pressure in ministry. Whereas 1 Timothy was practical and instructional, 2 Timothy is emotional, urgent, and deeply personal—Paul's spiritual "last will and testament."
- Persecution was rising, and following Jesus came at a cost.
- Paul's key message: "Don't be ashamed." Paul says it three times in chapter 1 (vv. 8, 12, 16). The call is to stand up with courage, rely on God's power, and stay faithful to the gospel—no matter the cost.

	the I	You (vv. 3–5)	
A.	Be	for Gospel Ro	oots. <i>(vv.3-4)</i>
В.	Recognize the		piritual Legacy. (v.5)
C.	Draw	from Spirit-	-Filled Support. (v.5)

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II.			the	God Gave You. (vv. 6-7)	
	Galatians 5:22, 25				
	A.	The Spirit Gives		[dunamis]. (v.7)	
	В.	The Spirit Produces		[agape]. (v.7)	
		1 Corinthians 13:13; 1 Jo	hn 4:18		
		"Just as God's powerful grace overcomes our shame in our weaknesses, so God's love overcomes our fear of hardships."			
	C.	The Spirit Enables Self (v.7)		[sophronismos].	
		<ul> <li>Often translated as</li> </ul>	s "sound mind	," "sound judgment," or "self-	

control."

It means spiritual steadiness—a mind that is calm, clear, and

under control even when life feels chaotic.