



## Gospel of Mark

### *Lent Bible Plan*

#### **Best Use**

Individual quiet time and/or family worship

#### **Nutritional Value**

We fast during Lent, but we also feast. As you fast from meat, coffee, sweets, or Facebook, feast on God's word. On the back of this recipe card is a reading plan to take you through the Gospel of John.

Lent is a time to develop spiritual disciplines and there is no better way of growing as a follower of Jesus than reading the Bible.

#### **Preparation**

- Watch a couple videos on Mark's gospel from *The Bible Project*:  
**[Thebibleproject.com/explore/mark/](http://Thebibleproject.com/explore/mark/)**
- Find a quiet time daily for prayer and reading the Bible if you do not already have one. Make it a routine.
- As a family, have a time of worship: to read the Bible, pray together and/or to sing. Family worship can be simple.

#### **During Lent**

1. The back of this recipe card will take you all the way through the Gospel of John, starting on Ash Wednesday and finishing on Holy Saturday, the day before Easter Sunday.



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### 40 Days with Mark

The forty days of **Lent** are symbolic of Jesus' time in the wilderness before he began his ministry. Even though Jesus was tempted by Satan, he did not sin. Jesus is perfect. We are not. Lent reminds us of our shortcomings and sin. We confess and ask for forgiveness. Finally, we remember the cross of Christ, the death of our perfect Savior for us.

Mark is a record of the testimony of the Apostle Peter. The purpose is to present and defend Jesus' call to discipleship, and to answer, "Who is Jesus?" and "How is Jesus going to become the Messianic King?"

**Key Verses:** 1:1; 1:9-11; 1:17; 8:27; 9:2-8; 10:14-15; 10:45; 12:33; 15:33-34; 15:37-39; 16:6

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|--|--|
| <input type="checkbox"/> Ash Wed. 1:1-13 |  |
| <input type="checkbox"/> Thurs. 1:14-34  |  |
| <input type="checkbox"/> Fri. 1:35-45    | <input type="checkbox"/> Mon. 11:1-19      |
| <input type="checkbox"/> Sat. 2:1-17     | <input type="checkbox"/> Tues. 11:20-33    |
| <input type="checkbox"/> Sun. Rest       | <input type="checkbox"/> Wed. 12:1-27      |
|  | <input type="checkbox"/> Thurs. 12:28-44   |
| <input type="checkbox"/> Mon. 2:18-28    | <input type="checkbox"/> Fri. 13:1-23      |
| <input type="checkbox"/> Tues. 3:1-19    | <input type="checkbox"/> Sat. 13:24-37     |
| <input type="checkbox"/> Wed. 3:20-34    | <input type="checkbox"/> Sun. Rest         |
| <input type="checkbox"/> Thurs. 4:1-20   |  |
| <input type="checkbox"/> Fri. 4:21-41    | <input type="checkbox"/> Mon. 14:1-11      |
| <input type="checkbox"/> Sat. 5:1-20     | <input type="checkbox"/> Tues. 14:12-25    |
| <input type="checkbox"/> Sun. Rest       | <input type="checkbox"/> Wed. 14:26-42     |
|  | <input type="checkbox"/> Thurs. 14:43-65   |
| <input type="checkbox"/> Mon. 5:21-43    | <input type="checkbox"/> Fri. 14:66-72     |
| <input type="checkbox"/> Tues. 6:1-29    | <input type="checkbox"/> Sat. 15:1-15      |
| <input type="checkbox"/> Wed. 6:30-56    | <input type="checkbox"/> Sun. Rest         |
| <input type="checkbox"/> Thurs. 7:1-23   |  |
| <input type="checkbox"/> Fri. 7:24-36    | <input type="checkbox"/> Mon. 15:16-20     |
| <input type="checkbox"/> Sat. 8:1-21     | <input type="checkbox"/> Tues. 15:21-24    |
| <input type="checkbox"/> Sun. Rest       | <input type="checkbox"/> Wed. 15:25-32     |
|  | <input type="checkbox"/> Thurs. 15:33-41   |
| <input type="checkbox"/> Mon. 8:22-9:1   | <input type="checkbox"/> Fri. 15:42-47     |
| <input type="checkbox"/> Tues. 9:2-13    | <input type="checkbox"/> Sat. 16:1-8       |
| <input type="checkbox"/> Wed. 9:14-32    | <input type="checkbox"/> Easter—Celebrate! |
| <input type="checkbox"/> Thurs. 9:33-50  |  |
| <input type="checkbox"/> Fri. 10:1-31    |  |
| <input type="checkbox"/> Sat. 10:32-52   |  |
| <input type="checkbox"/> Sun. Rest       |  |

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