

# Faith@Home

*Building Strong Families*



## *CONNECTED: Older Children/Teens*

### **Best Use**

As an activity with older children/teens

### **Nutritional Value**

Discussing how to use technology in a God-honoring manner

### **Advance Preparation**

- Schedule a time to connect with your child over a favorite treat
- Gather items: Bible, computer and/or mobile device

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## **SERVE IT UP**

Follow the simple steps for a great experience.

### **STEP ONE: Talk About It**

Use this time to connect with your child through conversation about positive uses of technology.

### **STEP TWO: Watch**

Pick out a God-honoring movie or part of a TV series to watch together. Currently on Netflix, *The Case for Christ*, is a fantastic option to spark conversation about the evidence of the Resurrection. Also, *The Bible* miniseries, *A.D. The Bible Continues* miniseries, and *Son of God* movie explores the stories and the work of God throughout Scripture. Take time for good conversation when the video is done. Ask your child if they would like to set a regular time to watch videos together in the future—perhaps weekly or twice a month.

### **STEP THREE: Play**

Ask your child what game they like to play on a technology device. Play that game or find a new game that you can enjoy together. Consider playing a game like Yahtzee, Scrabble, Family Feud or several other free versions of games in the mobile app store.

### **STEP FOUR: Listen**

Ask your child what song(s) they enjoy listening to. Spend time searching and listening to music while looking at the lyrics. Ask them which current, popular songs have offensive/questionable or God-honoring lyrics. Check out the top Christian songs together and the free Air1 app for a good variety of current popular music.

### **STEP FIVE: Read**

Read 1 Corinthians 10:31 together: *“So whether you eat or drink or whatever you do, do it all for the glory of God.”*

### **STEP SIX: Discuss**

Discuss how to use technology in a manner that honors God. Consider reviewing/signing the “Connected Family Contract” available for download at [homepointe.org/connected3d](http://homepointe.org/connected3d)

End your time together thanking God for your family and asking Him to help you stay connected and help you avoid using technology in ways that might dishonor Him.

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